

# Michigan HS Boys - 2006 Outdoors

Updated September 23, 2006

## 100 METERS

10.59	Clinton Allen (Muskegon Orchard View)12	Millersburg/USATF Region V (nwi).....	7/ 9/2006
10.70	James Jackson (Grand Ledge)9	Lansing/Honor Roll.....	5/31/2006
10.75	Dimitri Banks (Detroit Murray-Wright)12	Kentwood/D1 State (1.1).....	6/ 3/2006
10.76	Banks	Southfield/Michigan AAU.....	6/18/2006
10.77	Allen	Jackson/Midwest Meet of Champions (-1.7)....	6/10/2006
10.82	Chris Rucker (Detroit Country Day)11	Comstock Park/D3 State.....	6/ 3/2006
10.83	Cameron Cheatham (Kalamazoo Central)	Kalamazoo/GK Inv (h).....	4/21/2006
10.86	Yuriy Ratomski (Romeo)11	Kentwood/D1 State (s) (1.8).....	6/ 3/2006
10.89	Allen	Millersburg/USATF Region V (h).....	7/ 9/2006
10.90	Isaac Harper (East Lansing)	Lansing/Honor Roll.....	5/31/2006
10.91	Adam Lamphere (Vermontville Maple Valley)	Lansing/Honor Roll.....	5/31/2006
10.93	Kenji Shaltry (Saginaw Nouvel)11	Comstock Park/D3 State.....	6/ 3/2006
10.94	James Rogers (Madison Heights Lamphere)12	Southfield/Michigan AAU.....	6/18/2006
10.94	Anthony Bowman (Orchard Lake St Marys)12	Greensboro/USA Youth Ch (h) (-1.0).....	6/30/2006
10.95	DeShawn Williams (Detroit Cody)	Southfield/Michigan AAU.....	6/18/2006
10.96	Brad Moore (Mattawan)	Kalamazoo/GK Inv (h).....	4/21/2006
10.98	Matt Eichler (Litchfield)	Forest Hills/D4 State.....	6/ 3/2006
10.98	Jonas Gray (Detroit Country Day)10	Southfield/Michigan AAU.....	6/18/2006
11.01	Craig Wimbley (Kalamazoo Central)	Kalamazoo/GK Inv (h).....	4/21/2006
11.02	Worlie Johnson (Muskegon)12	Kentwood/D1 State (1.1).....	6/ 3/2006
11.03	Michael Stafford (L'Anse Creuse)	Kentwood/D1 State (s) (1.8).....	6/ 3/2006
11.03	Edwin Baker (Highland Park)	Southfield/Michigan AAU.....	6/18/2006
11.04	Trenton Robinson (Bay City Central)10	Kentwood/D1 State (s) (1.8).....	6/ 3/2006
11.04	Tyler Thomas (Jackson)10	Kentwood/D1 State (h).....	6/ 3/2006
11.06	Nick Collier (Oxford)11	Kentwood/D1 State (s) (1.8).....	6/ 3/2006
11.08	Chris Wright (Portage Central)	Kalamazoo/GK Inv.....	4/21/2006
11.08	Darryl White (Romulus)10	Canton/Michigan USATF.....	6/24/2006
11.09	Lashane Bynum (Accelerators)	Southfield/Michigan AAU.....	6/18/2006
11.10	Jeff Austin (Lansing Everett)	Kalamazoo/Loy Norrix Inv (s).....	4/28/2006
<b>Wind-aided:</b>			
10.33	Clinton Allen (Muskegon Orchard View)12	Baltimore/USATF Junior Olympics (h) (4.6)....	7/28/2006
10.44	Allen	Forest Hills/D2 State (nwi).....	6/ 3/2006
10.60	Allen	Baltimore/USATF Junior Olympics (2.8).....	7/30/2006
10.77	Scott Chevalier (Dexter)	Forest Hills/D2 State.....	6/ 3/2006
10.79	Dimitri Banks (Detroit Murray-Wright)12	Kentwood/D1 State (s) (2.6).....	6/ 3/2006
10.81	James Rogers (Madison Heights Lamphere)12	Southfield/Michigan AAU (h).....	6/18/2006
10.83	Worlie Johnson (Muskegon)12	Kentwood/D1 State (s) (2.6).....	6/ 3/2006
10.88	DeShawn Williams (Detroit Cody)	Southfield/Michigan AAU (h).....	6/18/2006
10.91	Edwin Baker (Highland Park)	Norfolk/AAU Junior Olympics (s) (3.5).....	8/ 2/2006
10.97	Ernest Cleary (Ferndale)12	Forest Hills/D2 State.....	6/ 3/2006
11.01	Tyler Thomas (Jackson)10	Kentwood/D1 State (s) (2.6).....	6/ 3/2006
11.01	Kyle Terpak (Riverview)	Forest Hills/D2 State.....	6/ 3/2006
11.04	Richard Kosme (Milan)	Forest Hills/D2 State.....	6/ 3/2006
11.09	Cortez Smith (Detroit Cass Tech)12	Kentwood/D1 State (s) (2.6).....	6/ 3/2006
<b>Hand-timed:</b>			
10.4	Ahmed Rashad (Flint Carman-Ainsworth)12	Flint/dual.....	5/ 9/2006
10.5	Worlie Johnson (Muskegon)12	Grand Rapids/Public Schools Inv.....	4/15/2006
10.5	Dimitri Banks (Detroit Murray-Wright)12	Grosse Pointe/D1 Regional.....	5/19/2006
10.5	Banks	Detroit/PSL.....	5/25/2006
10.5	Banks	Novi/Operation Friendship.....	5/30/2006
10.5	Anthony Bowman (Orchard Lake St Marys)12	Novi/Operation Friendship.....	5/30/2006
10.6	Kyle Terpak (Riverview)	Monroe/Jefferson Inv.....	4/29/2006
10.6	Chris Wright (Portage Central)	Portage/dual.....	5/ 9/2006
10.6	Yuriy Ratomski (Romeo)11	Holly/D1 Regional.....	5/19/2006
10.6	Scott Chevalier (Dexter)	Linden/D2 Regional.....	5/20/2006
10.6	Justin Van Hoose (Anchor Bay)11	Warren/D1 Regional.....	5/19/2006
10.7	Thompson (Holland West Ottawa)	Holland/dual.....	4/19/2006

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10.7	Mike Stafford (L'Anse Creuse)12	Holly/D1 Regional.....	5/19/2006
10.7	Nana Adamako (Livonia Stevenson)12	Canton/D1 Regional .....	5/19/2006
10.7	Darrin Williams (Detroit King)	Grosse Pointe/D1 Regional .....	5/19/2006
10.7	Mark Zilinski (Montrose)	Bad Axe/D3 Regional .....	5/20/2006
10.7	Trenton Robinson (Bay City Central)10	Saginaw/Saginaw Valley Conf.....	5/24/2006

**Wind-aided:**

10.3	Clint Allen (Muskegon Orchard View)12	Comstock Park/D2 Regional.....	5/19/2006
10.4	Anthony Bowman (Orchard Lake St Marys)12	South Lyon/Oakland County.....	5/26/2006
10.5	Tyler Thomas (Jackson)10	Battle Creek/D1 Regional .....	5/19/2006
10.5	Brendan Foster (Portage Central)11	Battle Creek/D1 Regional .....	5/19/2006
10.5	Chris Rucker (Detroit Catholic Central)11	South Lyon/Oakland County.....	5/26/2006
10.6	Matt Eichler (Litchfield)	Hillsdale/D4 Regional .....	5/20/2006
10.6	Kenji Shaltry (Saginaw Nouvel)11	Hemlock/D3 Regional.....	5/20/2006
10.7	Ernest Cleary (Ferndale)	South Lyon/Oakland County.....	5/26/2006

**200 METERS**

21.40	Dimitri Banks (Detroit Murray-Wright)12	Kentwood/D1 State (1.5) .....	6/ 3/2006
21.72	Banks	Millersburg/USATF Region V (h) .....	7/ 9/2006
21.74	Banks	Kentwood/D1 State (s) (1.8) .....	6/ 3/2006
21.88	Markgone Russell (Adrian)12	Forest Hills/D2 State.....	6/ 3/2006
21.98	Banks	Indianapolis/USA Junior Ch (h) (-0.7).....	6/23/2006
21.99	Banks	Millersburg/USATF Region V.....	7/ 9/2006
22.00	Banks	Greensboro/USATF Youth Ch (h) (-0.5).....	6/29/2006
22.03	James Jackson (Grand Ledge)9	Kentwood/D1 State (s) (1.8) .....	6/ 3/2006
22.04	Jackson	Kentwood/D1 State (1.5) .....	6/ 3/2006
22.09	Jackson	Lansing/Honor Roll.....	5/31/2006
22.09	Yuriy Ratomski (Romeo)11	Kentwood/D1 State (1.5) .....	6/ 3/2006
22.14	Anthony Alexander (Grand Blanc)12	Kentwood/D1 State (1.5) .....	6/ 3/2006
22.23	Jeff Austin (Lansing Everett)	Kalamazoo/Loy Norrix Inv .....	4/28/2006
22.23	DeShawn Williams (Detroit Cody)	Norfolk/AAU Junior Olympics (h) (1.1).....	8/ 1/2006
22.31	Vince Hendon (Grosse Pointe North)12	Kentwood/D1 State (s) (1.8) .....	6/ 3/2006
22.37	Adam Lamphere (Vermontville Maple Valley)	Lansing/Honor Roll.....	5/31/2006
22.37	Kenji Shaltry (Saginaw Nouvel)11	Comstock Park/D3 State .....	6/ 3/2006
22.38	Durant Crum (Albion)	Comstock Park/D3 State .....	6/ 3/2006
22.42	Dominique Endline (Midland Dow)10	Kentwood/D1 State (1.5) .....	6/ 3/2006
22.45	Trenton Robinson (Bay City Central)10	Kentwood/D1 State (s) (1.8) .....	6/ 3/2006
22.47	Martin Cornliffe (Detroit Country Day)	Comstock Park/D3 State .....	6/ 3/2006
22.47	Kevin Battle (Muskegon Reeths-Puffer)11	Kentwood/D1 State (s) (1.8) .....	6/ 3/2006
22.49	Anthony Bowman (Orchard Lake St Marys)12	Forest Hills/D2 State.....	6/ 3/2006
22.51	Jeremy Kline (Rockford)12	Jenison/MITCA Team D1 .....	5/27/2006
22.52	Matt Heinicke (Comstock Park)	Sparta/OK Blue.....	5/13/2006
22.59	Serak Haile (East Kentwood)11	Kentwood/D1 State (s) (1.8) .....	6/ 3/2006

**Wind-aided:**

22.13	James Jackson (Grand Ledge)9	Kentwood/D1 State (h) (2.6).....	6/ 3/2006
22.59	James Smith (Ann Arbor Pioneer)10	Kentwood/D1 State (h) (2.6).....	6/ 3/2006
22.59	Dominique Endline (Midland Dow)10	Kentwood/D1 State (h) (2.1).....	6/ 3/2006
22.60	Kevin Battle (Muskegon Reeths-Puffer)11	Kentwood/D1 State (h) (2.1).....	6/ 3/2006

**Hand-timed:**

20.9	Dmitri Banks (Detroit Murray-Wright)12	Detroit/PSL .....	5/25/2006
21.0	Banks	Novi/Operation Friendship .....	5/30/2006
21.2	Banks	Grosse Pointe/D1 Regional .....	5/19/2006
21.4	Anthony Bowman (Orchard Lake St Mary)12	Novi/Operation Friendship .....	5/30/2006
21.5	Banks	Jackson/Midwest Meet of Champions (-0.7)....	6/10/2006
21.7	Yury Ratomski (Romeo)11	Warren/Macomb County.....	5/26/2006
21.8	Ratomski	Holly/D1 Regional.....	5/19/2006
21.8	Bowman	South Lyon/Oakland County.....	5/26/2006
21.9	Anthony Alexander (Grand Blanc)12	Holly/D1 Regional.....	5/19/2006
21.9	Tarin Washington (Orchard Lake St Mary)	South Lyon/Oakland County.....	5/26/2006
22.0	Serak Haile (East Kentwood)11	Kentwood/dual.....	4/27/2006
22.0	Matt Bakker (Grand Rapids South Christian)	Grand Rapids/D2 Regional.....	5/19/2006

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22.0

Jeremy Kline (Rockford)12

Grand RS

## 400 METERS

48.56	Justin Wiles (Escanaba)12	Jackson/Midwest Meet of Champions .....	6/10/2006
48.73	Darrin Trammell (Detroit Mackenzie)12	Jackson/Midwest Meet of Champions .....	6/10/2006
48.74	Cedric Everson (Detroit Mumford)11	Kentwood/D1 State.....	6/ 3/2006
48.97	Trammell	Kentwood/D1 State.....	6/ 3/2006
49.09	Kyle Terpak (Riverview)	Forest Hills/D2 State.....	6/ 3/2006
49.50	Travis Tamez (Essexville-Garber)12	Comstock Park/D3 State .....	6/ 3/2006
49.56	Ricky Fleming (Grand Haven)12	Kentwood/D1 State.....	6/ 3/2006
49.91	Kyle Wilson (East Detroit)11	Kentwood/D1 State.....	6/ 3/2006
49.93	Richard Cosme (Milan)12	Forest Hills/D2 State.....	6/ 3/2006
49.97	David Ashcraft (Harrison)	Comstock Park/D3 State .....	6/ 3/2006
49.98	Martin Cornliffe (Detroit Country Day)	Comstock Park/D3 State .....	6/ 3/2006
49.99	Leslie Hanna (Berrien Springs)	Comstock Park/D3 State .....	6/ 3/2006
50.01	Lyndon Johnson (Southfield)12	Kentwood/D1 State.....	6/ 3/2006
50.01	Kevin Jackson (East Kentwood)10	Kentwood/D1 State.....	6/ 3/2006
50.03	Clent Simmons (Ypsilanti)	Forest Hills/D2 State.....	6/ 3/2006
50.04	Leslie Hanna (Berrien Springs)	Kent City/MITCA Team D3 .....	5/27/2006
50.05	Derrick Hunter (Southfield)12	Kentwood/D1 State.....	6/ 3/2006
50.05	Kyle Fortin (Fairview)	Forest Hills/D4 State.....	6/ 3/2006
50.11	David St Amant (Livonia Churchill)11	Jenison/MITCA Team D1 .....	5/27/2006
50.19	Douglas Hamilton (Portage Central)9	Jenison/MITCA Team D1 .....	5/27/2006
50.20	Lapell Powell (Ypsilanti)12	Forest Hills/D2 State.....	6/ 3/2006

## Hand-timed:

47.6	Darrin Trammell (Detroit Mackenzie)12	Detroit/PSL .....	5/25/2006
49.0	Ricky Fleming (Grand Haven)12	Reeths/West Michigan Inv .....	5/25/2006
49.3	Kyle Terpak (Riverview)	Grosse Ile/D2 Regional .....	5/19/2006
49.5	Kyle Wilson (East Detroit)11	Warren/Macomb County.....	5/26/2006
49.6	TJ Kanu (Rockford)	GR List .....	/2006
49.6	Nych Guyton (Godwin Heights)	Grand Rapids/John Bos Inv.....	5/24/2006
49.6	Kevin Jackson (East Kentwood)10	Wyoming/Champions .....	5/22/2006
49.7	Matt Bakker (Grand Rapids South Christian)	Grand Rapids/D2 Regional.....	5/19/2006
49.7	Lyndon Johnson (Southfield)12	South Lyon/Oakland County.....	5/26/2006
49.7	Michael Stafford (L'Anse Creuse)12	Warren/Macomb County.....	5/26/2006
49.8	Justin Wiles (Escanaba)12	Kingsford/UP D1 State .....	6/ 3/2006
49.9	Cedric Everson (Detroit Mumford)11	Warren/D1 Regional .....	5/19/2006

## 800 METERS

1:53.48	Aaron Hunt (Potterville)12	Lansing/Honor Roll .....	5/31/2006
1:53.63	Jay Bilsborrow (Coldwater)12	Forest Hills/D2 State.....	6/ 3/2006
1:54.1	Paul Vance (Berkley)12	South Lyon/Oakland County.....	5/26/2006
1:54.21	Brad Anderson (Rochester Adams)12	Kentwood/D1 State.....	6/ 3/2006
1:54.25	Vance	Kentwood/D1 State.....	6/ 3/2006
1:54.53	Vance	Jackson/Midwest Meet of Champions .....	6/10/2006
1:54.67	Stephen Surducun (Dearborn)12	Kentwood/D1 State.....	6/ 3/2006
1:54.77	Matt Erdmans (Byron Center)	Forest Hills/D2 State.....	6/ 3/2006
1:54.90	Hunt	Jackson/Midwest Meet of Champions .....	6/10/2006
1:54.92	Sam Marvin (Portage Central)12	Kentwood/D1 State.....	6/ 3/2006
1:54.9	Bilsborrow	Kalamazoo/SMAC .....	5/24/2006
1:55.00	Ian Gerard (Chelsea)	Forest Hills/D2 State.....	6/ 3/2006
1:55.14	Simon Nyang (Forest Hills Northern)	Greensboro/Nike Outdoor Ch .....	6/17/2006
1:55.37	Patrick Liederbach (Petoskey)11	Forest Hills/D2 State.....	6/ 3/2006
1:55.37	Delorean Peak (Detroit Crockett)11	Norfolk/AAU Junior Olympics .....	8/ 2/2006
1:55.46	Nick Agosti (Dearborn Divine Child)	Forest Hills/D2 State.....	6/ 3/2006
1:55.6	Peter Christmas (Ann Arbor Pioneer)12	Saline/A Regional .....	5/19/2006
1:55.99	Jeff Bassett (Whitehall)	Forest Hills/D2 State.....	6/ 3/2006
1:56.01	Tyler Patterson (Saline)12	Kentwood/D1 State.....	6/ 3/2006
1:56.21	Tommy Brinn (Otsego)	Forest Hills/D2 State.....	6/ 3/2006
1:56.22	Mike Weisbuch (Ann Arbor Pioneer)11	Kentwood/D1 State.....	6/ 3/2006

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1:57.09	David Ash (Williamston)11	Comstock Park/D3 State .....	6/ 3/2006
1:57.0	Ryan Matson (White Lake Lakeland)12	South Lyon/Oakland County.....	5/26/2006
1:57.2	Anthony Filipek (Kingston)	Forest Hills/D4 State.....	6/ 3/2006
1:57.3	Mike Quick (Bloomfield Hills Lahser)	South Lyon/Oakland County.....	5/26/2006
1:57.45	Mike Soltis (Albion)	Comstock Park/D3 State .....	6/ 3/2006
1:57.77	Evan Lowry (Hanover-Horton)	Comstock Park/D3 State .....	6/ 3/2006
1:57.7	Nick Lemora (Clarkston)	South Lyon/Oakland County.....	5/26/2006
1:57.8	Eric Vigas (Rochester Hills Stoney Creek)12	Holly/D1 Regional.....	5/19/2006
1:57.9	Todd Kennedy (Jenison)12	Grand Rapids/D1 Regional.....	5/19/2006

## 1500 METERS

3:55.17#	Jay Bilsborrow (Coldwater)12	Greensboro/Nike Outdoor Ch [mile] .....	6/17/2006
4:03.0#	Peter Christmas (Ann Arbor Pioneer)12	Saline/A Regional [1600] .....	5/19/2006
4:03.77	Jasen Turnbull (Northville)12	Baltimore/USATF Junior Olympics .....	7/30/2006

## 1600 METERS

4:09.73+	Jay Bilsborrow (Coldwater)12	Greensboro/Nike Outdoor Ch (4:11.18).....	6/17/2006
4:10.40	Bilsborrow	Jackson/Midwest Meet of Champions .....	6/10/2006
4:14.59	Bilsborrow	Forest Hills/D2 State.....	6/ 3/2006
4:14.6	Ryan Grau (Kalamazoo Central)12	Kalamazoo/SMAC .....	5/24/2006
4:16.53	Addis Habtewold (St Clair)	Forest Hills/D2 State.....	6/ 3/2006
4:16.85	Cole Sanseverino (Monroe)11	Kentwood/D1 State.....	6/ 3/2006
4:17.5	Landon Peacock (Cedar Springs)12	Cedar Springs/Red Hawk Inv .....	5/ 6/2006
4:17.66	Ian Gerard (Chelsea)	Forest Hills/D2 State.....	6/ 3/2006
4:18.26	Pat Grosskopf (Corunna)	Forest Hills/D2 State.....	6/ 3/2006
4:18.34	Peter Christmas (Ann Arbor Pioneer)12	Kentwood/D1 State.....	6/ 3/2006
4:18.8	Christmas	Saline/A Regional .....	5/19/2006
4:19.22	Jason Turnbull (Northville)11	Kentwood/D1 State.....	6/ 3/2006
4:19.34	Peacock	Sparta/OK Blue.....	5/13/2006
4:19.71	Willie Dague (Monroe Jefferson)	Forest Hills/D2 State.....	6/ 3/2006
4:19.72	Doug Richards (Ionia)12	Forest Hills/D2 State.....	6/ 3/2006
4:20.52	Robbie Fisher (Grosse Pointe North)11	Kentwood/D1 State.....	6/ 3/2006
4:20.65	Andrew Ropp (Flint Powers)	Forest Hills/D2 State.....	6/ 3/2006
4:21.89	Mike Quick (Bloomfield Hills Lahser)	Forest Hills/D2 State.....	6/ 3/2006
4:21.8	Aaron Hunt (Pottsville)12	Bath/D4 Regional .....	5/19/2006
4:21.9	Dan Nix (Williamston)10	Laingsburg/D3 Regional .....	5/20/2006
4:21.31	Alex Folk (Temperance Bedford)11	Kentwood/D1 State.....	6/ 3/2006
4:21.84	Matthew Rzepka (Livonia Stevenson)11	Kentwood/D1 State.....	6/ 3/2006
4:21.96	Brandon Grysko (Livonia Churchill)10	Kentwood/D1 State.....	6/ 3/2006
4:22.5	Chris Pankow (Williamston)12	Laingsburg/D3 Regional .....	5/20/2006
4:22.60	Jeff Maxfield (Hillsdale)	Comstock Park/D3 State .....	6/ 3/2006
4:22.7	Pete Loy (Warren DeLaSalle)12	Livonia/Catholic League .....	5/23/2006
4:23.00	Loren Ahonen (Temperance Bedford)12	Dayton/Roosevelt Memorial.....	5/ 6/2006
4:23.1	Victor Ramirez (Wyoming Lee)	Bellaire/D4 Regional.....	5/20/2006
4:23.35	Stephen Walker (Midland Dow)9	Kentwood/D1 State.....	6/ 3/2006
4:23.85	Patrick Cooper (Portage Northern)12	Kentwood/D1 State.....	6/ 3/2006
4:24.40	Mike Craze (Sterling Heights)12	Kentwood/D1 State.....	6/ 3/2006
4:24.43	Maverick Darling (Ovid-Elsie)10	Comstock Park/D3 State .....	6/ 3/2006
4:24.4	Spencer Beatty (Harbor Springs)	East Jordan/D3 Regional.....	5/20/2006

## 2000-METER STEEPLECHASE

7:37.04	Shawn Ferguson (Hartland)	Merrillville/AAU Regional .....	7/ 7/2006
7:52.2	Casey Budd (Clinton)11	Millersburg/USATF Region V.....	7/ 9/2006
7:53.51	Ferguson	Norfolk/AAU Junior Olympics .....	8/ 2/2006

## 3000 METERS

8:45.2#	Ian Gerard (Chelsea)12	Jackson/Midwest Meet of Champions [3200] ..	6/10/2006
8:50.1#	Doug Richards (Ionia)12	Jackson/Midwest Meet of Champions [3200] ..	6/10/2006
8:53.5#	Pete Loy (Warren DeLaSalle)12	Kentwood/D1 State [3200].....	6/ 3/2006
8:54.2#	Peter Christmas (Ann Arbor Pioneer)12	Saline/A Regional [3200] .....	5/19/2006



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## 3200 METERS

9:01.66	Landon Peacock (Cedar Springs)12	Forest Hills/D2 State.....	6/ 3/2006
9:07.53+	Dan Jackson (Dexter)11	Greensboro/Nike Outdoor (9:10.72) .....	6/16/2006
9:09.93	Jackson	Forest Hills/D2 State.....	6/ 3/2006
9:13.1	Peacock	Cedar Springs/dual.....	3/28/2006
9:16.0	Peacock	Cedar Springs/Red Hawk Inv .....	5/ 6/2006
9:16.5	Peacock	Sparta/dual .....	5/ 2/2006
9:16.83	Addis Habtewold (St Clair)11	Forest Hills/D2 State.....	6/ 3/2006
9:17.05	Ian Gerard (Chelsea)12	Jackson/Midwest Meet of Champions .....	6/10/2006
9:19.7	Peacock	Comstock Park/D2 Regional.....	5/19/2006
9:20.19	Bobby April (Dexter)	Forest Hills/D2 State.....	6/ 3/2006
9:20.40	Mike Quick (Bloomfield Hills Lahser)	Forest Hills/D2 State.....	6/ 3/2006
9:22.05	Van Tate (Petoskey)	Forest Hills/D2 State.....	6/ 3/2006
9:22.2	Peter Christmas (Ann Arbor Pioneer)12	AA list .....	/2006
9:23.40	James Lancieux (Fremont)	Forest Hills/D2 State.....	6/ 3/2006
9:23.46	Doug Richards (Ionia)12	Jackson/Midwest Meet of Champions .....	6/10/2006
9:24.19	Maverick Darling (Ovid-Elsie)10	Lansing/Honor Roll .....	5/31/2006
9:26.58	Tyler Emmorey (Cedar Springs)	Forest Hills/D2 State.....	6/ 3/2006
9:27.0	Pete Loy (Warren DeLaSalle)12	Grosse Pointe/D1 Regional .....	5/19/2006
9:27.53	Pat Grosskopf (Corunna)12	Jackson/Midwest Meet of Champions .....	6/10/2006
9:36.06	Matt Lutzke (Williamston)10	Lansing/Honor Roll .....	5/31/2006
9:36.26	Brendan Marcum (Pinckney)11	Kentwood/D1 State.....	6/ 3/2006
9:36.3	Tim Zeerip (Zeeland)	Grand Rapids/D1 Regional.....	5/19/2006
9:36.58	Aaron Simoneau (Manistee)	Comstock Park/D3 State .....	6/ 3/2006
9:36.84	Victor Ramirez (Wyoming Lee)	Forest Hills/D4 State.....	6/ 3/2006
9:37.21	Rob Shinouskis (Lake Orion)	Kentwood/D1 State.....	6/ 3/2006
9:37.27	Loren Milbrath (Saginaw Michigan Lutheran)	Forest Hills/D4 State.....	6/ 3/2006
9:38.3	Ross Solanskey (Berkley)12	South Lyon/Oakland County.....	5/26/2006
9:39.63	Loren Ahonen (Temperance Bedford)12	Kentwood/D1 State.....	6/ 3/2006
9:39.95	Joe Dimambro (Fenton)11	Kentwood/D1 State.....	6/ 3/2006
9:39.95	Drew Collette (Lake Orion)12	Kentwood/D1 State.....	6/ 3/2006

## 5000 METERS

16:24.99	Jasen Turnbull (Northville)12	Millersburg/USATF Region V.....	7/ 9/2006
16:30.86	Michael Berry (Detroit Mumford)12	Canton/Michigan USATF .....	6/24/2006
16:33.11	Kenny Wall (Flushing)	Millersburg/USATF Region V.....	7/ 9/2006
16:43.40	Wall	Baltimore/USATF Junior Olympics .....	7/29/2006
16:43.49	Anthony Scaparo (Plymouth)11	Millersburg/USATF Region V.....	7/ 9/2006
16:55.16	Wall	Canton/Michigan USATF .....	6/24/2006
17:08.72	Berry	Millersburg/USATF Region V.....	7/ 9/2006

## 10,000 METERS

32:06.02	Landon Peacock (Cedar Springs)12	Indianapolis/USA Junior Ch.....	6/21/2006
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## 110-METER HURDLES (39")

13.82	Josh Hembrough (Forest Hills Northern)11	Forest Hills/D2 State.....	6/ 3/2006
14.03	Hembrough	Greensboro/Nike Outdoor Ch (-1.6) .....	6/17/2006
14.04	Shane Wells (Romulus)11	Baltimore/USATF Junior Olympics (1.8).....	7/30/2006
14.22	Hembrough	Greensboro/Nike Outdoor (-0.9).....	6/16/2006
14.22	Nicholas McCampbell (Detroit Cass Tech)12	Norfolk/AAU Junior Olympics (h) (0.7).....	8/ 1/2006
14.32	Tymel Dodd (Lansing Sexton)12	Forest Hills/D2 State.....	6/ 3/2006
14.38	Cameron Murphy (Farmington Hills Harrison)12	Forest Hills/D2 State.....	6/ 3/2006
14.39	Andrew Coveart (DeWitt)12	Forest Hills/D2 State.....	6/ 3/2006
14.40	Wells	Millersburg/USATF Region V.....	7/ 9/2006
14.43	Murphy	Norfolk/AAU Junior Olympics (h) (1.3).....	8/ 1/2006
14.47	McCampbell	Kentwood/D1 State (s) (1.5).....	6/ 3/2006
14.52	Dodd	Lansing/Honor Roll .....	5/31/2006
14.54	Dodd	Kalamazoo/Loy Norrix Inv .....	4/28/2006
14.54	Dan Anderson (Ionia)	Forest Hills/D2 State.....	6/ 3/2006

# Michigan HS Boys - 2006 Outdoors

14.58	Joey Latz (Ovid-Elsie)	Comstock Park/D3 State .....	6/ 3/2006
14.68	Dan Anderson (Ionia)	Lansing/Honor Roll .....	5/31/2006
14.68	Michael Coltre (Manchester)	Comstock Park/D3 State .....	6/ 3/2006
14.73	Gary Ferguson (White Lake Lakeland)12	Kentwood/D1 State (s) (1.5) .....	6/ 3/2006
14.80	Bryan Sevensma (Maple City Glen Lake)	Forest Hills/D4 State.....	6/ 3/2006
14.81	Dante Turner (Grand Blanc)11	Mansfield/Mansfield Relays .....	4/15/2006
14.87	Brad Lawrence (Homer)	Forest Hills/D4 State.....	6/ 3/2006
14.90	Nick Davis (Kalamazoo Central)	Kalamazoo/GK Inv.....	4/21/2006
14.90	Reggie Bridges (Grandville)11	Kentwood/D1 State (h) (1.9).....	6/ 3/2006
14.91	James Carter (Detroit Pershing)11	Kentwood/D1 State (h) (0.8).....	6/ 3/2006
14.92	Marcus Jackson (Lansing Sexton)	Kalamazoo/Loy Norrix Inv .....	4/28/2006
14.92	Marcus Smith (Grand Blanc)11	Kentwood/D1 State (h) (0.8).....	6/ 3/2006
14.94	Keagan Puce (Ottawa Lake-Whiteford)	Forest Hills/D4 State.....	6/ 3/2006
14.97	Deandre Henderson (Grosse Pointe North)11	Kentwood/D1 State (s) (1.5).....	6/ 3/2006
14.98	Brad Birkholtz (Hamilton)	Forest Hills/D2 State.....	6/ 3/2006
<b>Wind-aided:</b>			
14.15	Nicholas McCampbell (Detroit Cass Tech)12	Kentwood/D1 State (2.7) .....	6/ 3/2006
14.17	Shane Wells (Romulus)11	Kentwood/D1 State (2.7) .....	6/ 3/2006
14.18	Wells	Baltimore/USATF Junior Olympics (h) (2.2).....	7/29/2006
14.34	James Carter (Detroit Pershing)11	Kentwood/D1 State (2.7) .....	6/ 3/2006
14.56	Gary Ferguson (White Lake Lakeland)12	Kentwood/D1 State (2.7) .....	6/ 3/2006
14.62	Carter	Kentwood/D1 State (s) (3.0).....	6/ 3/2006
14.67	Ramon Ortiz (Grandville)12	Kentwood/D1 State (s) (3.0).....	6/ 3/2006
14.80	Reggie Bridges (Grandville)11	Kentwood/D1 State (2.7) .....	6/ 3/2006
14.86	David Hanss (Ann Arbor Pioneer)12	Kentwood/D1 State (2.7) .....	6/ 3/2006
14.91	Nathan Musch (Ann Arbor Huron)12	Kentwood/D1 State (2.7) .....	6/ 3/2006
14.97	Deandre Henderson (Grosse Pointe Northern)11	Kentwood/D1 State (2.7) .....	6/ 3/2006
<b>Hand-timed:</b>			
13.9	Josh Hembrough (Forest Hills Northern)11	Grand Rapids/Public Schools Inv .....	4/15/2006
13.9	Hembrough	Grand Rapids/John Bos Inv .....	5/24/2006
14.0	Hembrough	Grand Rapids/dual.....	4/27/2006
14.0	Hembrough	Grand Rapids/D2 Regional.....	5/19/2006
14.1	Hembrough	Wyoming/Champions .....	5/22/2006
14.3	Ramon Ortiz (Grandville)	Battle Creek/D1 Regional .....	5/19/2006
14.3	Tymel Dodd (Lansing Sexton)12	Charlotte/D2 Regional .....	5/19/2006
14.4	Andrew Coveart (DeWitt)12	Charlotte/D2 Regional .....	5/19/2006
14.4	Brad Lawrence (Homer)	Hillsdale/D4 Regional .....	5/20/2006
14.4	Bryan Sevensma (Glen Lake)	Traverse City/Record-Eagle .....	5/31/2006
14.4	Gary Ferguson (White Lake Lakeland)	Hartland/KVC.....	5/23/2006
14.5	Reggie Bridges (Grandville)	GR List .....	/2006
14.5	David Hanss (Ann Arbor Pioneer)12	AA list .....	/2006
14.5	Cameron Murphy (Farmington Hills Harrison)12	Linden/D2 Regional .....	5/20/2006
14.5	Brock Humphries (Saginaw Eisenhower)12	Warren/D1 Regional .....	5/19/2006
14.5	David Nummer (L'Anse Creuse North)12	Warren/Macomb County.....	5/26/2006
14.6	Shane Wells (Romulus)11	Saline/A Regional .....	5/19/2006
14.6	Nicholas McCampbell (Detroit Cass Tech)	Canton/D1 Regional .....	5/19/2006
14.6	Rick Kwasnik (Saginaw Eisenhower)11	Warren/D1 Regional .....	5/19/2006
14.6	Shawn Turner (Pontiac Central)	Milford/D1 Regional .....	5/19/2006
14.6	DeAndre Henderson (Grosse Pointe North)	Grosse Pointe/D1 Regional .....	5/19/2006
14.6	Dan Anderson (Ionia)	Charlotte/D2 Regional .....	5/19/2006
14.6	Ken Lewis (Flint Powers)	Linden/D2 Regional .....	5/20/2006
14.6	Joey Latz (Ovid-Elsie)	Laingsburg/D3 Regional .....	5/20/2006
14.6	Smith (Comstock Park)	Grand Rapids/John Bos Inv .....	5/24/2006
14.6	Brock Humphries (Utica Eisenhower)12	Warren/Macomb County.....	5/26/2006
<b>Wind-aided:</b>			
14.1	Gary Ferguson (White Lake Lakeland)	South Lyon/Oakland County.....	5/26/2006
14.2	Cameron Murphy (Farmington Hills Harrison)	South Lyon/Oakland County.....	5/26/2006
14.6	Jamar Allison (West Bloomfield)	South Lyon/Oakland County.....	5/26/2006

## 300-METER HURDLES (36")

# Michigan HS Boys - 2006 Outdoors

37.43	Nicholas McCampbell (Detroit Cass Tech)12	Kentwood/D1 State.....	6/ 3/2006
38.33	McCampbell	Jackson/Midwest Meet of Champions .....	6/10/2006
38.54	Shane Wells (Romulus)11	Kentwood/D1 State.....	6/ 3/2006
38.66	McCampbell	Dayton/Roosevelt Memorial.....	5/ 6/2006
38.77	Bryan Sevensma (Maple City Glen Lake)12	Forest Hills/D4 State.....	6/ 3/2006
38.81	David Hanss (Ann Arbor Pioneer)12	Kentwood/D1 State.....	6/ 3/2006
38.84	Keagan Puce (Ottawa Lake-Whiteford)	Forest Hills/D4 State.....	6/ 3/2006
38.95	Tymel Dodd (Lansing Sexton)12	Lansing/Honor Roll .....	5/31/2006
38.97	Brandon Bufford (Detroit Cass Tech)12	Kentwood/D1 State.....	6/ 3/2006
38.98	Cameron Murphy (Farmington Hills Harrison)12	Forest Hills/D2 State.....	6/ 3/2006
39.26	Andrew Coveart (DeWitt)	Forest Hills/D2 State.....	6/ 3/2006
39.27	Josh Hembrough (Forest Hills Northern)11	Forest Hills/D2 State.....	6/ 3/2006
39.31	Demetrius Addison (Detroit Cooley)10	Kentwood/D1 State.....	6/ 3/2006
39.35	Dante Turner (Grand Blanc)11	Kentwood/D1 State.....	6/ 3/2006
39.47	John Lee (Troy)12	Kentwood/D1 State.....	6/ 3/2006
39.55	Kevin Bacon (Vassar)	Comstock Park/D3 State .....	6/ 3/2006
39.65	Emanuel Sledge (Saginaw Hill)12	Kentwood/D1 State.....	6/ 3/2006
39.73	Dan Anderson (Ionia)	Lansing/Honor Roll .....	5/31/2006
39.73	Thad Wilson (Ann Arbor Huron)12	Kentwood/D1 State.....	6/ 3/2006
39.79	Jerrell Owes (Gibraltar Carlson)	Forest Hills/D2 State.....	6/ 3/2006
39.80	Kevin Luce (Howell)12	Kentwood/D1 State.....	6/ 3/2006
39.84	Darrin Hart (Lincoln-Alcona)	Forest Hills/D4 State.....	6/ 3/2006
39.86	Keith Curtis (Berrien Springs)	Comstock Park/D3 State .....	6/ 3/2006
39.87	Ryan Irwin (Harbor Beach)	Forest Hills/D4 State.....	6/ 3/2006
39.90	Will Cranford (Milan)	Forest Hills/D2 State.....	6/ 3/2006

## Hand-timed (39.7):

37.4	Nicholas McCampbell (Detroit Cass Tech)12	Detroit/PSL .....	5/25/2006
38.1	McCampbell	Canton/D1 Regional .....	5/19/2006
38.4	Josh Hembrough (Forest Hills Northern)11	Grand Rapids/John Bos Inv.....	5/24/2006
38.6	Cameron Murphy (Farmington Hills Harrison)12	South Lyon/Oakland County.....	5/26/2006
38.8	David Hanss (Ann Arbor Pioneer)12	Ypsilanti/SEC.....	5/10/2006
39.0	Bryan Sevensma (Glen Lake)	Traverse City/Record-Eagle .....	5/31/2006
39.1	Shane Wells (Romulus)11	Saline/A Regional .....	5/19/2006
39.1	Emanuel Sledge (Saginaw Hill)12	Midland/D1 Regional .....	5/19/2006
39.2	John Lee (Troy)12	Canton/D1 Regional .....	5/19/2006
39.4	Kerry VerMerris (Forest Hills Northern)	GR List .....	/2006
39.5	Josh Malnar (Monroe)12	Saline/A Regional .....	5/19/2006
39.5	Tymel Dodd (Lansing Sexton)12	Charlotte/D2 Regional .....	5/19/2006
39.5	Alex DiBrano (Riverview)	Grosse Ile/D2 Regional .....	5/19/2006
39.7	Shane Malveaux (Ypsilanti)12	Ann Arbor/River Rat .....	5/13/2006
39.7	Cam White (Forest Hills Northern)	Grand Rapids/D2 Regional.....	5/19/2006
39.7	Andy Tonkovich (Lake Orion)	South Lyon/Oakland County.....	5/26/2006
39.7	Dante Turner (Grand Blanc)11	Davison/Big 9 .....	5/24/2006
39.7	Adam Duerksen (Mancelona)	Traverse City/Record-Eagle .....	5/31/2006

## 400-METER HURDLES (36")

54.53	Shane Wells (Romulus)11	Southfield/Michigan AAU .....	6/18/2006
54.57	Wells	Baltimore/USATF Junior Olympics (h).....	7/28/2006
54.62	Tymel Dodd (Lansing Sexton)12	Southfield/Michigan AAU .....	6/18/2006
55.10	Cameron Murphy (Farmington Hills Harrison)12	Norfolk/AAU Junior Olympics .....	8/ 2/2006
55.12	Wells	Millersburg/USATF Region V.....	7/ 9/2006
55.42	Murphy	Norfolk/AAU Junior Olympics (h).....	7/31/2006
55.83	Murphy	Southfield/Michigan AAU .....	6/18/2006
57.85	Ira Moorer (Lansing Eastern)	Merrillville/AAU Regional .....	7/ 9/2006
58.50	Cyrus Azizi (Canton)12	Southfield/Michigan AAU .....	6/18/2006
58.83	Wes Zemla (Ovid-Elsie)12	Merrillville/AAU Regional .....	7/ 9/2006

## HIGH JUMP

6-8.25	Erving Warren (Coloma)12	Comstock Park/D3 State .....	6/ 3/2006
6-8	Brad Birkholz (Hamilton)	Grand Rapids/D2 Regional.....	5/19/2006

# Michigan HS Boys - 2006 Outdoors

6-8	John Donkersloot (Zeeland East)	Grand Rapids/John Bos Inv.....	5/24/2006
6-7	Keonte Johnson (Pontiac Northern)12	Kentwood/D1 State.....	6/ 3/2006
6-6.5	Brad Whitehead (Dexter)	AA list .....	/2006
6-6	Andrew Schrottenboer (Holland)	GR List .....	/2006
6-6	Gardner (Swartz Creek)	Flint/dual.....	5/ 9/2006
6-6	David Merigian (Ann Arbor Richard)	AA list .....	/2006
6-6	Woody Payne (Ypsilanti)	AA list .....	/2006
6-6	Brandon Kimble (East Kentwood)12	Battle Creek/D1 Regional .....	5/19/2006
6-6	Zach Nichols (Brighton)12	Milford/D1 Regional .....	5/20/2006
6-6	Kurt Poelman (Niles)	St Joseph/D2 Regional.....	5/19/2006
6-6	Luther Ware (Bay City Central)10	Saginaw/Saginaw Valley Conf.....	5/24/2006
6-6	Chris Brown (Hartland)11	Jenison/MITCA Team D1 .....	5/27/2006
6-6	OT Brown (Jackson)12	Kentwood/D1 State.....	6/ 3/2006

## POLE VAULT

16-0	Logan Lynch (Temperance Bedford)11	Kentwood/D1 State.....	6/ 3/2006
15-3	Joe Wesley (Marine City)10	Canton/Michigan USATF .....	6/24/2006
15-1.5	Lynch	Greensboro/Nike Outdoor Ch .....	6/17/2006
14-7	Luke Dinnan (Midland)12	Midland/D1 Regional .....	5/19/2006
14-7	Matt Fisher (Byron Center)	Forest Hills/D2 State.....	6/ 3/2006
14-6	Joey Latz (Ovid-Elsie)12	Lansing/Honor Roll.....	5/31/2006
14-6	Matt Gordoneer (Vermontville Maple Valley)12	Comstock Park/D3 State .....	6/ 3/2006
14-6	Chris Murray (Anchor Bay)12	Warren/Macomb County.....	5/26/2006
14-4	Vinnie Tyle (Fowlerville)12	Forest Hills/D2 State.....	6/ 3/2006
14-1	Ryan Santa (Livonia Churchill)12	Kentwood/D1 State.....	6/ 3/2006
14-1	Mike Yassay (Northville)11	Kentwood/D1 State.....	6/ 3/2006
14-0	Greg Burns (Litchfield)	Hillsdale/D4 Regional .....	5/20/2006
14-0	Josh Walters (Williamston)11	Kent City/MITCA Team D3 .....	5/27/2006

## LONG JUMP

23-8.5	Jeremy Kline (Rockford)12	Jackson/Midwest Meet of Champions (1.8).....	6/10/2006
23-4	Kline	Rockford/dual .....	5/ 9/2006
23-1.5	Vince Agnew (Grand Rapids Catholic Central)	GR List .....	/2006
23-0	Doug Hamilton (Portage Central)9	Kalamazoo/SMAC .....	5/24/2006
22-11.5	Justin Kelly (AuGres-Sims)	Marion/D4 Regional.....	5/20/2006
22-10	Dale Norman (Sturgis)	Kalamazoo/SMAC .....	5/24/2006
22-9	Mitch Van Porfleet (GR West Catholic)	Grand Rapids/dual.....	5/ 4/2006
22-8.75	Woody Payne (Ypsilanti)12	Forest Hills/D2 State.....	6/ 3/2006
22-8.5	Eric Williams (Saline)12	AA list .....	/2006
22-8.5	Michael Stafford (L'Anse Creuse)	Kentwood/D1 State.....	6/ 3/2006
22-8.25	Heath Sutherland (St Johns)	Lansing/Honor Roll .....	5/31/2006
22-8	Akeem Cason (Benton Harbor)	Grand Rapids/Public Schools Inv .....	4/15/2006
22-1.5	Cordell Miller (Lansing Everett)	Lansing/Honor Roll .....	5/31/2006
22-1.25	Jamarrea Bishop (Carelton-Airport)12	Jackson/Midwest Meet of Champions (0.5).....	6/10/2006
22-1	Brandon Friske (North Branch)	Forest Hills/D2 State.....	6/ 3/2006
22-0.5	Javon Taylor (Lansing Sexton)	Kalamazoo/Loy Norrix Inv .....	4/28/2006

## Wind-aided:

24-4	Tres Bradley (Detroit Cass Tech)12	Novi/Operation Friendship.....	5/30/2006
24-2	Jeremy Kline (Rockford)12	Grand Rapids/Public Schools Inv .....	4/15/2006
24-1	Kline	Grand Rapids/Public Schools Inv (!).....	4/15/2006
23-9.25	DeShawn Jones (Lansing Eastern)	Lansing/Honor Roll .....	5/31/2006

## TRIPLE JUMP

42-5	Charles Phillips (Detroit Mumford)12	Mansfield/Mansfield Relays.....	4/14/2006
42-3.25	Myles White (Livonia Stevenson)9	Baltimore/USATF Junior Olympics (-0.1).....	7/27/2006
41-7.5	Steven Nicholson (Ann Arbor TC)	Merrillville/AAU Regional .....	7/ 7/2006
41-2.25	Nicholson	Norfolk/AAU Junior Olympics .....	7/31/2006
40-10	Phillips	Dayton/Roosevelt Memorial.....	5/ 5/2006
40-9.5	White	Canton/Michigan USATF .....	6/24/2006
40-9.25	Caylen Boyd (Lansing Eastern)10	Merrillville/AAU Region VI .....	7/ 9/2006



# Michigan HS Boys - 2006 Outdoors

40-1.5	Boyd	Southfield/Michigan AAU .....	6/18/2006
40-0.75	White	Millersburg/USATF Region V.....	7/ 9/2006
39-7.75	Nicholson	Southfield/Michigan AAU .....	6/18/2006
39-4	White	Southfield/Michigan AAU .....	6/18/2006
35-10.75	Darrell Boswell (Detroit Mackenzie)	Southfield/Michigan AAU .....	6/18/2006

## SHOT (12lb)

59-5	Vince Helmuth (Saline)12	Kentwood/D1 State.....	6/ 3/2006
59-2.75	Helmuth	Greensboro/Nike Outdoor Ch .....	6/17/2006
57-4.75	Helmuth	Ypsilanti/Meet of Champions .....	5/30/2006
56-9	Helmuth	Dayton/Roosevelt Memorial.....	5/ 5/2006
56-1	Kenneth Echtenaw (Caledonia)	Caledonia/dual.....	5/ 4/2006
56-1	Reniff (Grandville)	Kentwood/dual.....	5/ 9/2006
55-9.5	Brent McCarrick (Morrice)	Corunna/Meet of Champions .....	5/30/2006
55-5.6	Chris Berry (Linden)12	Flint/Badar Meet .....	5/30/2006
54-11.75	Mike Kuras (Lake Odessa Lakewood)	Forest Hills/D2 State.....	6/ 3/2006
54-9	Jordan DeRosia (Mt Morris)12	Forest Hills/D2 State.....	6/ 3/2006
54-0	Matt Armstrong (Lansing Sexton)	Lansing/Honor Roll .....	5/31/2006
53-9.75	Cameron Freeman (Owosso)12	Midland/D1 Regional .....	5/19/2006
53-6.75	Phil Swanson (Grand Haven)12	Reeths/West Michigan Inv .....	5/25/2006
53-4.5	Darris Sawtelle (Birmingham Rice)11	Livonia/Catholic League .....	5/23/2006
53-3	Donny Stiffler (Williamston)10	Lansing/Honor Roll .....	5/31/2006

## DISCUS

184-0	Vince Helmuth (Saline)12	West Bloomfield/Relays.....	4/29/2006
183-0	Helmuth	Dayton/Roosevelt Memorial.....	5/ 5/2006
181-5	Helmuth	Ypsilanti/Meet of Champions .....	5/30/2006
180-1	Helmuth	Kentwood/D1 State.....	6/ 3/2006
179-7	Helmuth	Saline/A Regional .....	5/19/2006
179-4	Helmuth	Ann Arbor/River Rat .....	5/13/2006
179-4	Lonnie Pugh (Grosse Ile)10	Forest Hills/D2 State.....	6/ 3/2006
178-9	Tim Lelito (St Clair)11	Forest Hills/D2 State.....	6/ 3/2006
173-7	Anthony Agrusa (St Clair Shores Lake Shore)12	Algonac/D2 Regional .....	5/19/2006
171-7	Deion Casey (Ypsilanti Lincoln)11	Saline/A Regional .....	5/19/2006
170-11	Kenneth Echtenow (Caledonia)12	Grand Rapids/D2 Regional.....	5/19/2006
169-11	Brad Wentzel (Allegan)	St Joseph/D2 Regional .....	5/19/2006
169-1	Kevin Mays (Flint Carman-Ainsworth)11	Flint/Olympian Developing Meet.....	7/13/2006
168-7	Jordan DeRosia (Mt Morris)12	Forest Hills/D2 State.....	6/ 3/2006
168-3	Derrick Flowers (Flint Carman-Ainsworth)11	Swartz Creek/Relays .....	4/28/2006
165-3	Mike Kuras (Lake Odessa Lakewood)	Charlotte/D2 Regional .....	5/19/2006
164-6	Brent McCarrick (Morrice)	Webberville/D4 Regional .....	5/20/2006
164-3	Chris Pyant (Farmington Hills Harrison)	Forest Hills/D2 State.....	6/ 3/2006
163-5	Darrin Bazuin (McBain)	Marion/D4 Regional .....	5/20/2006
161-9	Ryan VanBergen (Whitehall)	Reeths/West Michigan Inv .....	5/25/2006
160-5	Craig Borsenick (Corunna)	Forest Hills/D2 State.....	6/ 3/2006
160-4	Dan Yonker (Portage Central)12	Kentwood/D1 State.....	6/ 3/2006

## JAVELIN

135-10	Wes Zemla (Ovid-Elsie)12	Merrillville/AAU Regional (dec).....	7/ 5/2006
124-1	Gabe Helmuth (Saline)9	Millersburg/USATF Region V.....	7/ 9/2006
118-3	Helmuth	Baltimore/USATF Junior Olympics .....	7/27/2006
116-11	Zemla	Norfolk/AAU Junior Olympics (dec).....	7/30/2006
114-2	Helmuth	Canton/Michigan USATF .....	6/24/2006
112-10	Spencer Britt (Blue Dragons)	Southfield/Michigan AAU .....	6/18/2006
102-1	Roderick Skeete (Blue Dragons)	Southfield/Michigan AAU .....	6/18/2006
101-1	Pierre Engram (Detroit Loyola)	Merrillville/AAU Regional (dec).....	7/ 5/2006

## DECATHLON

5603	Wes Zemla (Ovid-Elsie)12	Norfolk/AAU Junior Olympics .....	7/30/2006
	(11.83 [0.9], 17-8, 36-8.5, 5-7.75, 51.94, 15.52w [2.3], 107-1, 8-5.5, 116-11, 4:41.04)		

# Michigan HS Boys - 2006 Outdoors

5585	Zemla (11.80, 18-5.25, 35-1, 5-10.5, 54.99, 16.08, 112-5, 8-6, 135-10, 4:45.76)	Merrillville/AAU Regional .....	7/ 6/2006
4486	Caylen Boyd (Lansing Eastern)10 (11.20, 19-11.5, 28-5.5, 5-7, 53.28, 19.59, 65-11, 6-0, 89-11, 5:26.49)	Merrillville/AAU Regional .....	7/ 6/2006
3990	Effrem Greptenberger (Ovid-Elsie) (11.55, 20-2.25, 29-2, 5-4.5, 54.23, 20.62, 62-4, NH, 68-3, 5:38.77)	Merrillville/AAU Regional .....	7/ 6/2006
3801	Ira Moorer (Lansing Eastern) (11.27, 20-3, 28-7.5, 4-11.75, 55.00, DQ, 71-5, 6-0, 88-1, 5:52.71)	Merrillville/AAU Regional .....	7/ 6/2006
3316	Pierre Engram (Detroit Loyola) (11.97, 17-10.75, 29-8.25, 4-4.75, 58.31, DQ, 70-7, NH, 101-1, 5:30.14)	Merrillville/AAU Regional .....	7/ 6/2006
2846	Demetrius Bradford (Detroit Loyola) (12.57, 16-0.25, 28-0, 4-4.75, 1:02.76, 22.13, 65-1, NH, 74-6, 5:56.59)	Merrillville/AAU Regional .....	7/ 6/2006
2552	David Dawson (Detroit Loyola) (13.13, 14-11.5, 25-4, 4-6, 1:04.08, 20.46, 34-6, NH, 72-11, 5:59.35)	Merrillville/AAU Regional .....	7/ 6/2006

## 4 x 100-METER RELAY

42.79	Livonia Stevenson	Kentwood/D1 State.....	6/ 3/2006
42.85	Portage Central	Kentwood/D1 State.....	6/ 3/2006
42.86	Orchard Lake St Mary	Forest Hills/D2 State.....	6/ 3/2006
42.91	Southfield	Kentwood/D1 State.....	6/ 3/2006
43.03	Forest Hills Northern	Forest Hills/D2 State.....	6/ 3/2006
43.07	Saline	Kentwood/D1 State.....	6/ 3/2006
43.13	Detroit Renaissance	Forest Hills/D2 State.....	6/ 3/2006
43.24	Bay City Central	Kentwood/D1 State.....	6/ 3/2006
43.26	Milford	Kentwood/D1 State.....	6/ 3/2006
43.29	Battle Creek Central	Kentwood/D1 State.....	6/ 3/2006
43.37	Detroit Country Day	Comstock Park/D3 State .....	6/ 3/2006
43.40	Romulus	Kentwood/D1 State.....	6/ 3/2006
43.47	Detroit Cass Tech	Kentwood/D1 State.....	6/ 3/2006
43.49	Hudsonville	Kentwood/D1 State.....	6/ 3/2006
43.51	East Kentwood	Kentwood/D1 State.....	6/ 3/2006
43.52	Muskegon Orchard View	Forest Hills/D2 State.....	6/ 3/2006
43.56	Williamston	Lansing/Honor Roll .....	5/31/2006
43.62	Lansing Eastern	Kentwood/D1 State.....	6/ 3/2006
43.67	Plymouth	Kentwood/D1 State.....	6/ 3/2006
43.69	Adrian	Forest Hills/D2 State.....	6/ 3/2006
43.76	Benton Harbor	Kentwood/D1 State.....	6/ 3/2006
43.77	Farmington Hills Harrison	Forest Hills/D2 State.....	6/ 3/2006
43.83	Ypsilanti Willow Run	Forest Hills/D2 State.....	6/ 3/2006
43.83	Redford Union	Kentwood/D1 State.....	6/ 3/2006
43.85	Lansing Sexton	Forest Hills/D2 State.....	6/ 3/2006
43.93	Monroe	Kentwood/D1 State.....	6/ 3/2006
43.94	Albion	Comstock Park/D3 State .....	6/ 3/2006
43.94	Rockford	Kentwood/D1 State.....	6/ 3/2006
43.95	Saginaw Nouvel	Comstock Park/D3 State .....	6/ 3/2006
43.97	Pontiac Northern	Kentwood/D1 State.....	6/ 3/2006
43.98	East Lansing	Lansing/Honor Roll .....	5/31/2006
43.99	Belleville	Kentwood/D1 State.....	6/ 3/2006

## Hand-timed:

42.5	Livonia Stevenson	Canton/D1 Regional .....	5/19/2006
42.5	Detroit Country Day	South Lyon/Oakland County.....	5/26/2006
42.6	Orchard Lake St Mary	South Lyon/Oakland County.....	5/26/2006
43.0	Bay City Central	Saginaw/Saginaw Valley Conf.....	5/24/2006
43.1	Grand Blanc	Flint/Cavalier Classic .....	5/ 6/2006
43.1	Saline	Saline/A Regional .....	5/19/2006
43.1	Detroit DePorres	Novi/Operation Friendship .....	5/30/2006
43.2	Portage Central	Battle Creek/D1 Regional .....	5/19/2006
43.2	Milford	South Lyon/Oakland County.....	5/26/2006
43.3	Lansing Eastern	Battle Creek/D1 Regional .....	5/19/2006

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43.3	Detroit Renaissance	Livonia/D2 Regional .....	5/19/2006
43.3	Forest Hills Northern	Wyoming/Champions .....	5/22/2006
43.3	Southfield	South Lyon/Oakland County.....	5/26/2006
43.5	Rockford	GR List .....	/2006
43.5	Pontiac Northern	South Lyon/Oakland County.....	5/26/2006

## 4 x 200-METER RELAY

1:27.8	Detroit Country Day	South Lyon/Oakland County.....	5/26/2006
1:27.95	Detroit Country Day	Comstock Park/D3 State .....	6/ 3/2006
1:27.9	Orchard Lake St Mary	South Lyon/Oakland County.....	5/26/2006
1:28.07	Romulus	Kentwood/D1 State.....	6/ 3/2006
1:28.09	Southfield	Kentwood/D1 State.....	6/ 3/2006
1:28.38	Orchard Lake St Mary	Forest Hills/D2 State.....	6/ 3/2006
1:28.69	Grand Blanc	Kentwood/D1 State.....	6/ 3/2006
1:29.06	East Kentwood	Kentwood/D1 State.....	6/ 3/2006
1:29.06	Forest Hills Northern	Forest Hills/D2 State.....	6/ 3/2006
1:29.07	Detroit Renaissance	Forest Hills/D2 State.....	6/ 3/2006
1:29.0	Bay City Central	Saginaw/Saginaw Valley Conf.....	5/24/2006
1:29.2	Livonia Stevenson	Canton/D1 Regional .....	5/19/2006
1:29.3	Saline	Saline/A Regional .....	5/19/2006
1:29.53	Rockford	Kentwood/D1 State.....	6/ 3/2006
1:29.54	Adrian	Forest Hills/D2 State.....	6/ 3/2006
1:29.5	Detroit King	Grosse Pointe/D1 Regional .....	5/19/2006
1:29.6	Detroit Cass Tech	Canton/D1 Regional .....	5/19/2006
1:29.73	Muskegon Orchard View	Forest Hills/D2 State.....	6/ 3/2006
1:29.83	Albion	Comstock Park/D3 State .....	6/ 3/2006
1:29.9	Canton	Canton/D1 Regional .....	5/19/2006
1:29.9	Berkley	South Lyon/Oakland County.....	5/26/2006

## 4 x 400-METER RELAY

3:21.0	Southfield	South Lyon/Oakland County.....	5/26/2006
3:21.41	Detroit Mumford	Kentwood/D1 State.....	6/ 3/2006
3:22.51	Grand Blanc	Kentwood/D1 State.....	6/ 3/2006
3:22.5	Detroit Mumford	Warren/D1 Regional .....	5/19/2006
3:23.14	Detroit Country Day	Comstock Park/D3 State .....	6/ 3/2006
3:23.48	Ypsilanti	Forest Hills/D2 State.....	6/ 3/2006
3:23.65	Adrian	Forest Hills/D2 State.....	6/ 3/2006
3:23.6	Berkley	South Lyon/Oakland County.....	5/26/2006
3:23.82	Rockford	Kentwood/D1 State.....	6/ 3/2006
3:24.11	Dearborn Divine Child	Forest Hills/D2 State.....	6/ 3/2006
3:24.15	Coldwater	Forest Hills/D2 State.....	6/ 3/2006
3:24.18	Forest Hills Northern	Forest Hills/D2 State.....	6/ 3/2006
3:24.19	Livonia Churchill	Kentwood/D1 State.....	6/ 3/2006
3:24.3	Ann Arbor Pioneer	Saline/A Regional .....	5/19/2006
3:24.84	Bangor	Comstock Park/D3 State .....	6/ 3/2006
3:25.23	Portage Central	Kentwood/D1 State.....	6/ 3/2006
3:25.34	Riverview	Forest Hills/D2 State.....	6/ 3/2006
3:25.41	Williamston	Comstock Park/D3 State .....	6/ 3/2006
3:25.5	South Lyon	South Lyon/Oakland County.....	5/26/2006
3:25.63	Canton	Kentwood/D1 State.....	6/ 3/2006
3:25.6	Sterling Heights Stevenson	Warren/D1 Regional .....	5/19/2006
3:25.75	Niles	Forest Hills/D2 State.....	6/ 3/2006
3:25.7	Lansing Sexton	Lansing/Honor Roll .....	5/31/2006
3:25.83	St Louis	Kent City/MITCA Team D3 .....	5/27/2006
3:25.93	East Kentwood	Kentwood/D1 State.....	6/ 3/2006

## 4 x 800-METER RELAY

7:49.83	Williamston	Comstock Park/D3 State .....	6/ 3/2006
7:50.28	Williamston	Lansing/Honor Roll .....	5/31/2006
7:52.76	Detroit Mumford	Kentwood/D1 State.....	6/ 3/2006

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7:55.63	Temperance-Bedford	Kentwood/D1 State.....	6/ 3/2006
7:56.65	Williamston	Kent City/MITCA Team D3 .....	5/27/2006
7:56.71	Ann Arbor Pioneer	Kentwood/D1 State.....	6/ 3/2006
7:56.93	Dearborn	Kentwood/D1 State.....	6/ 3/2006
7:57.71	Pottersville	Lansing/Honor Roll .....	5/31/2006
7:57.82	Saline	Kentwood/D1 State.....	6/ 3/2006
7:58.01	Portage Northern	Kentwood/D1 State.....	6/ 3/2006
7:58.08	Bangor	Comstock Park/D3 State .....	6/ 3/2006
7:58.99	Rochester Hills Stoney Creek	Kentwood/D1 State.....	6/ 3/2006
7:59.1	Ann Arbor Pioneer	Saline/A Regional .....	5/19/2006
8:00.16	Milford	Kentwood/D1 State.....	6/ 3/2006
8:00.62	Fenton	Kentwood/D1 State.....	6/ 3/2006
8:01.11	Okemos	Kentwood/D1 State.....	6/ 3/2006
8:01.15	Charlevoix	Comstock Park/D3 State .....	6/ 3/2006
8:01.17	Unionville-Sebewaing	Forest Hills/D3 State.....	6/ 3/2006
8:01.5	Hartland	Hartland/KVC.....	5/23/2006
8:02.2	Pinckney	Saline/A Regional .....	5/19/2006
8:02.53	Chelsea	Forest Hills/D2 State.....	6/ 3/2006
8:03.52	Flint Powers	Forest Hills/D2 State.....	6/ 3/2006
8:03.6	Rochester Adams	Holly/D1 Regional.....	5/19/2006
8:04.24	Monroe	Kentwood/D1 State.....	6/ 3/2006

## 4 x 1600-METER RELAY

18:01.0+	Pinckney	Greensboro/Nike Outdoor Ch (18:07.30).....	6/17/2006
18:28.0	Flint Powers Catholic	Flint/Cavalier Classic .....	5/ 6/2006
18:36.4	Fremont	Wyoming/Grimm Relays .....	4/29/2006
18:40.0	Chelsea	Corunna Relays.....	4/21/2006
18:51.3	Coldwater	Hastings Relays.....	4/15/2006
18:58.63	Dexter	Mansfield/Mansfield Relays.....	4/14/2006
19:02.7	Rockford	Wyoming/Grimm Relays .....	4/29/2006
19:03.7	Forest Hills Eastern	Godwin Heights/Wolverine Relays .....	4/29/2006
19:08.3	Grand Ledge	Hastings Relays.....	4/15/2006
19:16.3	Lansing Waverly	Hastings Relays.....	4/15/2006

## 800-METER SPRINT MEDLEY

1:35.8	Ypsilanti	Ypsilanti/April Showers.....	4/22/2006
1:37.38	Detroit Crockett	Dayton/Roosevelt Memorial.....	5/ 5/2006
1:39.59	Detroit Cass Tech	Dayton/Roosevelt Memorial.....	5/ 5/2006
1:39.5	Charlotte	Hastings Relays.....	4/15/2006
1:40.7	Battle Creek Lakeview	Hastings Relays.....	4/15/2006

## 1200-METER SPRINT MEDLEY

2:33.8	Holland West Ottawa	Wyoming/Grimm Relays .....	4/29/2006
2:34.2	Spring Lake	Godwin Heights/Wolverine Relays .....	4/29/2006
2:35.8	Grand Rapids West Catholic	Wyoming/Grimm Relays .....	4/29/2006
2:36.6	Albion	Bath Relays .....	4/28/2006

## 1600-METER SPRINT MEDLEY

3:38.1	Ann Arbor Pioneer	East Lansing/Kiwanis Relays.....	5/ 6/2006
3:40.77	Flint Central	Dayton/Roosevelt Memorial.....	5/ 5/2006
3:41.19	Milford	Dayton/Roosevelt Memorial.....	5/ 5/2006
3:41.2	Grand Blanc	Ypsilanti/April Showers.....	4/22/2006
3:41.80	Detroit Mumford	Dayton/Roosevelt Memorial.....	5/ 5/2006

## 2000-METER MEDLEY

4:41.5	Rockford	Wyoming/Grimm Relays .....	4/29/2006
4:52.0	Zeeland West	Wyoming/Grimm Relays .....	4/29/2006

## 2400-METER MEDLEY

5:58.5	Fenton	Flint/Cavalier Classic .....	5/ 6/2006
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6:03.3 Forest Hills Northern  
6:03.8 Albion  
6:06.3 Holland West Ottawa

Grand Rapids/Public Schools Inv ..... 4/15/2006  
Bath Relays ..... 4/28/2006  
Grand Rapids/Public Schools Inv ..... 4/15/2006

## 3000-METER MEDLEY

7:59.52 Detroit Mumford

Mansfield/Mansfield Relays ..... 4/14/2006

## DISTANCE MEDLEY

10:35.07 Milford  
10:37.62 Temperance Bedford  
10:45.7 Coldwater  
10:46.89 Pinckney  
10:50.6 Wyoming Lee  
10:51.8 Ann Arbor Pioneer  
10:54.4 Fremont  
10:59.5 Flint Powers Catholic  
11:04.0 Rockford  
11:08.1 Chelsea  
11:11.9 Grand Haven

Greensboro/Nike Outdoor Ch ..... 6/17/2006  
Dayton/Roosevelt Memorial ..... 5/ 5/2006  
Hastings Relays ..... 4/15/2006  
Greensboro/Nike Outdoor Ch ..... 6/17/2006  
Godwin Heights/Wolverine Relays ..... 4/29/2006  
East Lansing/Kiwanis Relays ..... 5/ 6/2006  
Wyoming/Grimm Relays ..... 4/29/2006  
Flint/Cavalier Classic ..... 5/ 6/2006  
Wyoming/Grimm Relays ..... 4/29/2006  
Hastings Relays ..... 4/15/2006  
Hastings Relays ..... 4/15/2006